The conference aims to close the gap between two burgeoning fields of research at the intersection of aging, emotion, and health. On the one hand, recent advances in affective science have documented systematic age differences in emotional processing, affective experience, and affect regulation. Although researchers are beginning to explore the neural, cognitive, and motivational mechanisms behind such effects, their contributions to later-life health and well-being are not fully understood. On the other hand, research on the psychobiology of health and disease has provided growing evidence for the role of psychosocial factors (e.g., mental health, positive and negative emotionality) in physical health. Specific pathways including biological and behavioral mechanisms are beginning to emerge, but their potential for yielding answers to developmental questions involving intraindividual variability and change has yet to be realized. To integrate these lines of inquiry, the conference will convene leaders in the respective fields for two days of intense dialogue aimed at setting the stage for transformative future research.

**Thursday October 3, 2013 - Age, affect, and emotion regulation**

8:30 am Breakfast  
9:00 am **Welcome** - John Eckenrode, Director of the Bronfenbrenner Center  
9:05 am **Opening remarks** - Corinna E. Loeckenhoff and Anthony D. Ong, Co-Organizers  

**Motivational Perspectives**  
9:15 am Laura L. Carstensen - Leveraging motivation to improve aging outcomes  
9:40 am Discussion  
10:00 am Michaela Riediger - Happy to be unhappy? Pro- and contra-hedonic orientations from adolescence to old age  
10:25 am Discussion  
10:45 am Break  
11:15 am Jeanne L. Tsai - Ideal affect across the life span: Cultural variation and implications for views of old age  
11:40 am Discussion  

**Neural Mechanisms**  
12:00 pm Mara Mather - The emotion paradox in the aging brain  
12:25 pm Discussion  
12:45 pm Catered lunch  
2:00 pm Adam K. Anderson - Aging, attention, and its emotional regulation  
2:25 pm Discussion  

**Regulatory Frameworks**  
2:45 pm Heather L. Urry - Resources for emotion regulation in older age  
3:10 pm Discussion  
3:30 pm Break  
4:00 pm George A. Bonanno - Regulatory flexibility and adaptation to highly aversive life events  
4:25 pm Discussion  
4:45 pm Adjourn for the day
Friday October 4, 2013 - Emotion and health across the life span

8:15 am  Breakfast

**Emotional Variability and Change**
8:45 am  Daniel K. Mroczek - *Macro and micro change: Predicting mortality risk from 10-year personality trajectories and 1-week emotional reactivity coefficients*

9:10 am  Discussion

9:30 am  Laura D. Kubzansky - *Positive psychological functioning: An enduring asset for healthy aging*

9:55 am  Discussion

10:15 am  Break

10:30 am  Susan T. Charles - *Negative affect predicting general health: What we know, and where to go from here*

10:55 am  Discussion

**Implications for Intervention and Future Research**
11:15 am  Alex J. Zautra - *The humanization of social relationships*

11:40 am  Discussion

12:00 pm  Catered lunch

1:00 pm  Corinna E. Loeckenhoff and Anthony D. Ong - *Future directions*

1:25 pm  General discussion

1:55 pm  Closing remarks

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